

Name:	<input type="text"/>	Student ID #:	<input type="text"/>
Email:	<input type="text"/>	Phone #:	<input type="text"/>
Social Security #:	<input type="text"/>		
U. S. Citizen:	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Country of Origin if <u>NOT</u> U. S.: and your Date of Entry
			<input type="text"/>

This information is requested in order for your counselor or teacher to write a recommendation that is tailored to your specific talents and abilities.

Turn this form into the Guidance Secretary once it is completed.

Your recommendation will NOT be written until your Senior Brag Sheet is on file in the Counseling Office.

1. Are you fluent in any foreign language? If so, please list them:

2. Excluding brothers and sisters, will you be the first person in your family to attend college?

3. What major do you plan to pursue? Why did you choose that major? If you are undecided, type "Undecided" and provide a list of your interests.

4. What three words would you use to describe yourself? Explain your choices.

5. Describe your academic strengths.

6. Is your academic record an accurate measure of your abilities? Explain your answer. (For instance, have you had any health, family, or personal issues which may have adversely effected your school performance that you would like your counselor to share with colleges?)

7. Describe your personal strengths.

8. How would your teachers describe you?

9. What are some of your hobbies and/or interests?

10. Describe a rewarding high school experience (Academic, Extracurricular or Personal)

11. How many Student Service Hours do you have and how did you earn them?

12. What contributions can you make to your college that would make them want to accept your application?

13. How would you like to be remembered once you leave Springbrook?

14. List any work experiences and/or internships starting with the newest and going back to the oldest.

15. If you were writing your recommendation what would you say or include?

16. How do you plan to impact the future?

17. Where have you traveled? Did the experience have any effect on you and if so, how?

18. If your parent/guardian would like to attach a statement in your behalf, please have them do so.

Out of School Activities		
Name of Activity	Dates of Participation	Comments
Example (Boy Scouts of America)	2005 to present	(Troup Leader for 2 years. Attained Eagle Badge

Volunteer/ Community Activities		
Name / Type of Activity	Dates of Participation	Comments
Example (SHS Senior Center)	(2002 to Present)	(Provided care for age old educators)

Student Government Officer		
Position Held	Dates of Participation	Comments
Example (Classroom Representative)	(Freshman)	(I learned about how the SGA operates.)

Musical Affiliations		
Type of Affiliation	Dates of Participation	Comments
Example (Piano Lessons)	(Since I was 5. 13 years)	(I love playing the piano)

Hobbies		
Type of Hobby	Dates of Participation	Comments
Example (Collecting Bumper Stickers)	(Last 3 years)	(I have 500 stickers. My favorite is "COEXIST")